

## **Radboud University**

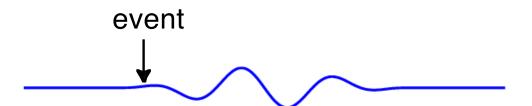


# Fundamentals of neuronal oscillations and synchrony

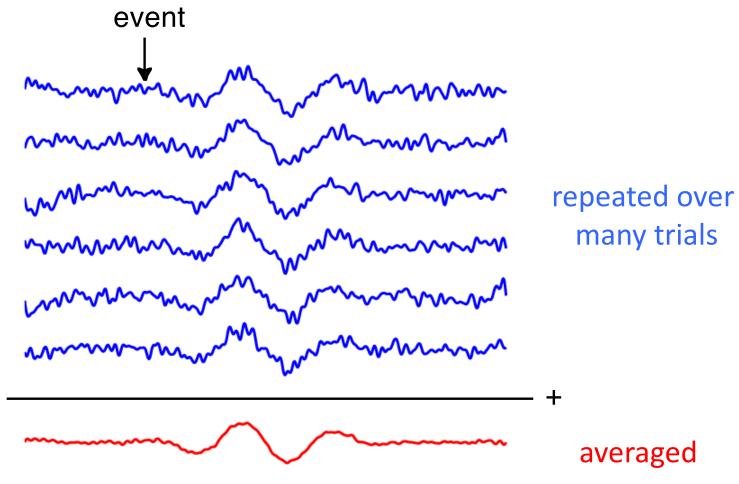
Mats van Es

Donders Institute, Radboud University, Nijmegen, NL

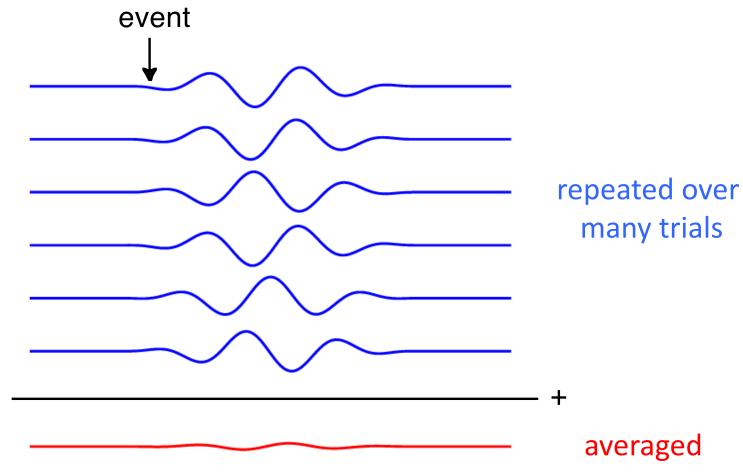
## **Evoked activity**



## **Evoked activity**



## Induced activity



## M/EEG signal characteristics considered during analysis

timecourse of activity

-> ERP

spectral characteristics

-> power spectrum

temporal changes in power

-> time-frequency response (TFR)

spatial distribution of activity over the head

-> source reconstruction

## M/EEG signal characteristics considered during analysis

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-> ERP

spectral characteristics

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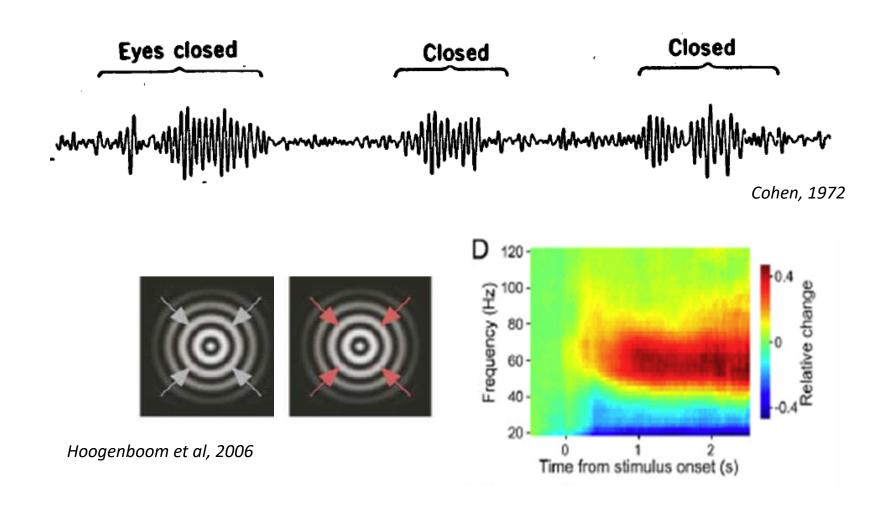
temporal changes in power

-> time-frequency response (TFR)

spatial distribution of activity over the head

-> source reconstruction

## Brain signals contain oscillatory activity at multiple frequencies



#### Outline

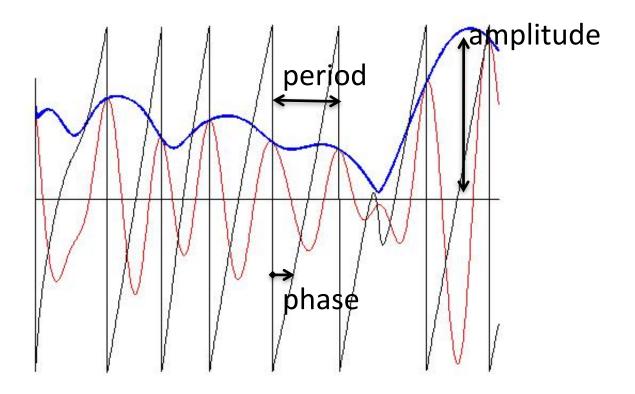
Spectral analysis: going from time to frequency domain

Issues with finite and discrete sampling

Spectral leakage and (multi-)tapering

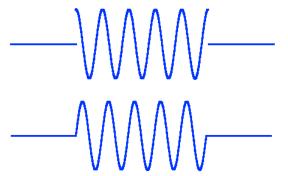
Time-frequency analysis

## A background note on oscillations

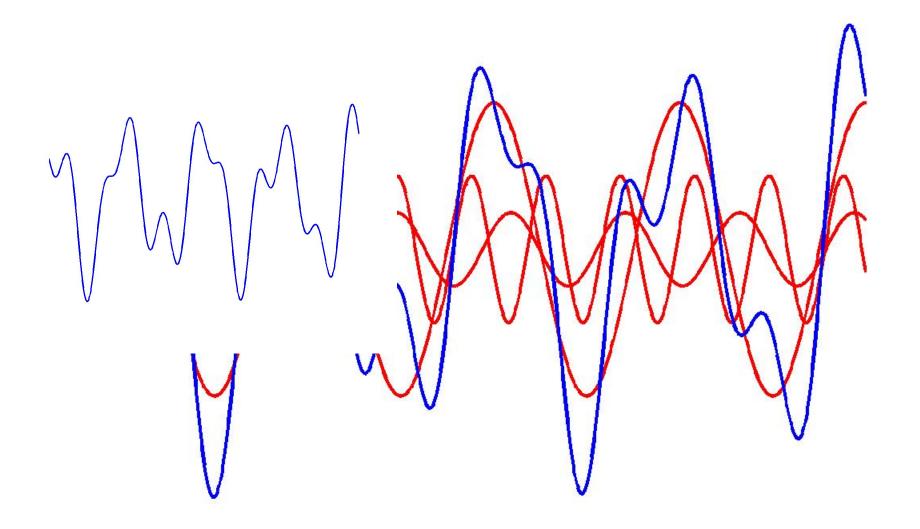


#### Spectral analysis

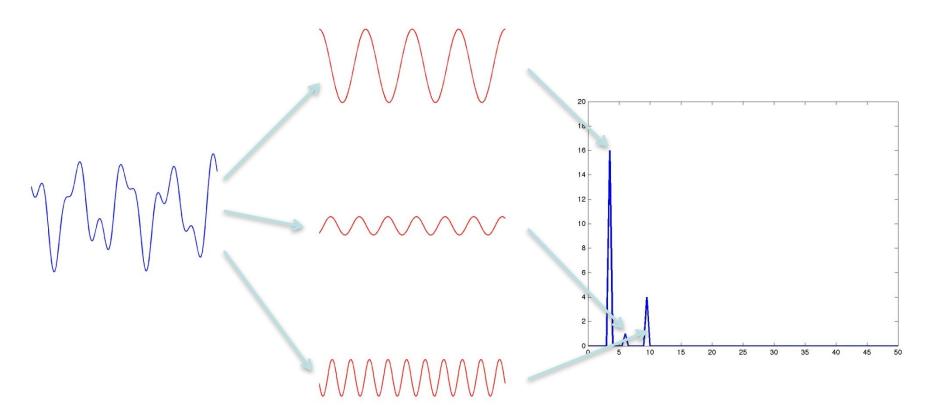
Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis
Using simple oscillatory functions: cosines and sines



## Spectral decomposition: the principle



## Spectral decomposition: the power spectrum



#### Spectral analysis

Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis
Using simple oscillatory functions: cosines and sines
Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions

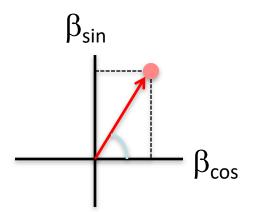
## Spectral analysis ~ GLM

$$\mathbf{Y} = \beta * \mathbf{X}$$

**X** set of basis functions

 $\beta_i$  contribution of basis function *i* to the data.

 $\beta$  for cosine and sine components for a given frequency map onto amplitude and phase estimate.



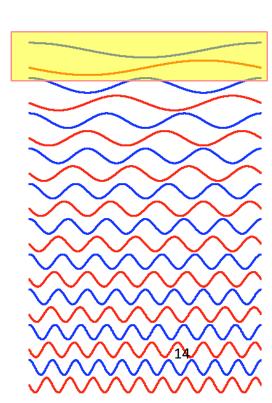
Restriction: basis functions should be 'orthogonal'

Consequence 1: frequencies not arbitrary

-> integer amount of cycles should fit into N points.

Consequence 2: N-point signal

-> N basis functions



#### Time-frequency relation

Consequence 1: frequencies not arbitrary

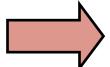
-> integer amount of cycles should fit into N samples of  $\Delta t$  each.

The frequency resolution is determined by the total length of the data segments (N \*  $\Delta t$  = T)

Rayleigh frequency =  $1/T = \Delta f$  = frequency resolution



1 s

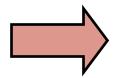


#### **Frequencies:**

(0) 1 2 3 4 5 6 .. Hz

Time window:

0.2 s



#### **Frequencies:**

(0) 5 10 15 20 .. Hz

#### Time-frequency relation

Consequence 2: N-point signal

-> N basis functions

N basis functions -> N/2 frequencies

The highest frequency that can be resolved depends on the sampling frequency F

Nyquist frequency = F/2

Sampling freq 1 kHz

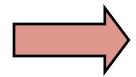
Time window 1 s

**Frequencies:** 

(0) 1 2 ... 499 500 Hz

Sampling freq 400 Hz

Time window 0.25 s



Frequencies:

(0) 4 8... 196 200 Hz

## Spectral analysis

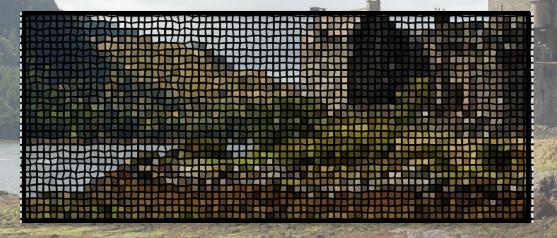
Deconstructing a time domain signal into its constituent oscillatory components, a.k.a. Fourier analysis
Using simple oscillatory functions: cosines and sines
Express signal as function of frequency, rather than time

Concept: linear regression using oscillatory basis functions Each oscillatory component has an amplitude and phase Discrete and finite sampling constrains the frequency axis



## Goal and challenges

- Estimate the true oscillations from the observed data
- Limited time available for Fourier transform
- You are looking at the activity through a time restricted window

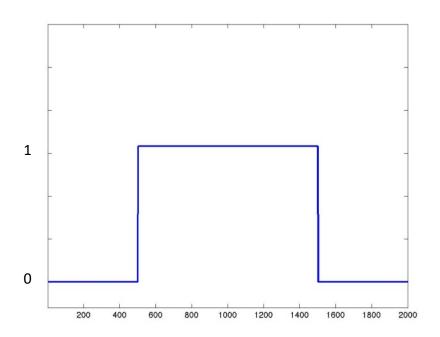


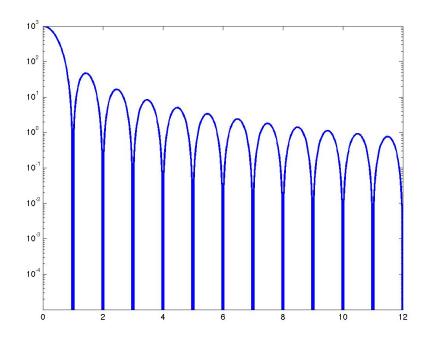
- This implicitly means that the data are 'tapered' with a boxcar
- Furthermore, data are discretely sampled



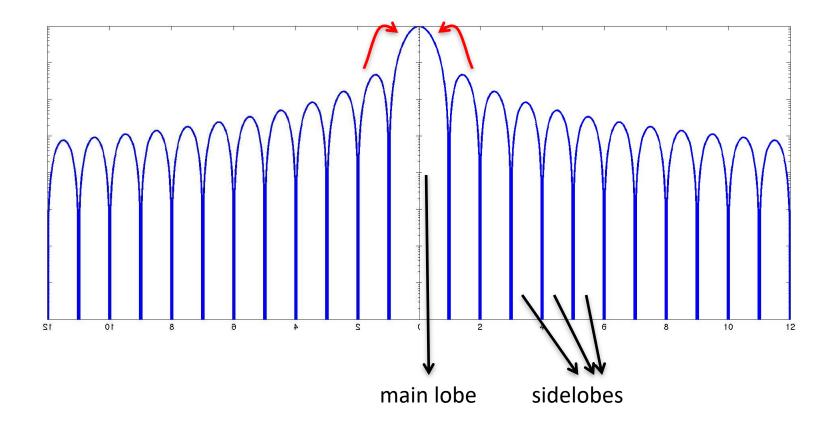
## Spectral leakage and tapering

- True oscillations in data at frequencies not sampled with Fourier transform spread their energy to the sampled frequencies
- Not tapering is equal to applying a "boxcar" taper
- Each type of taper has a specific leakage profile

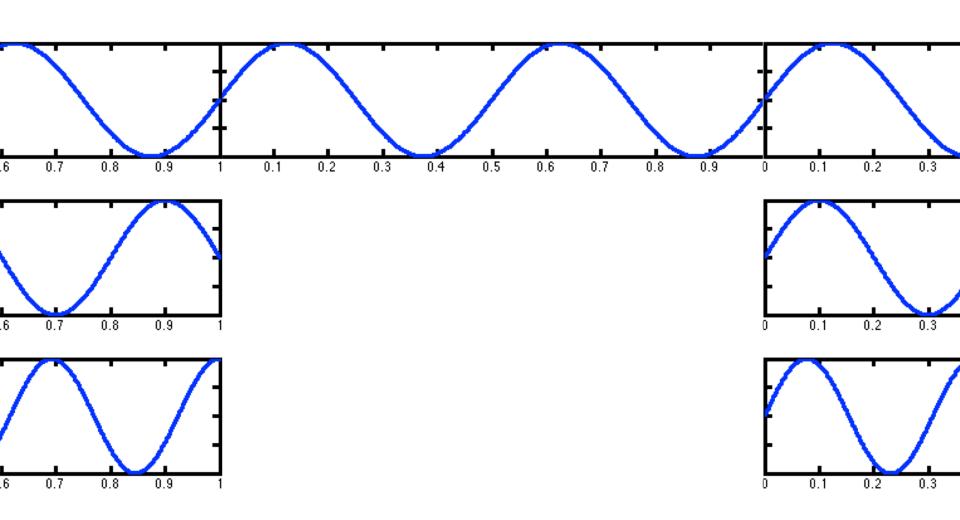




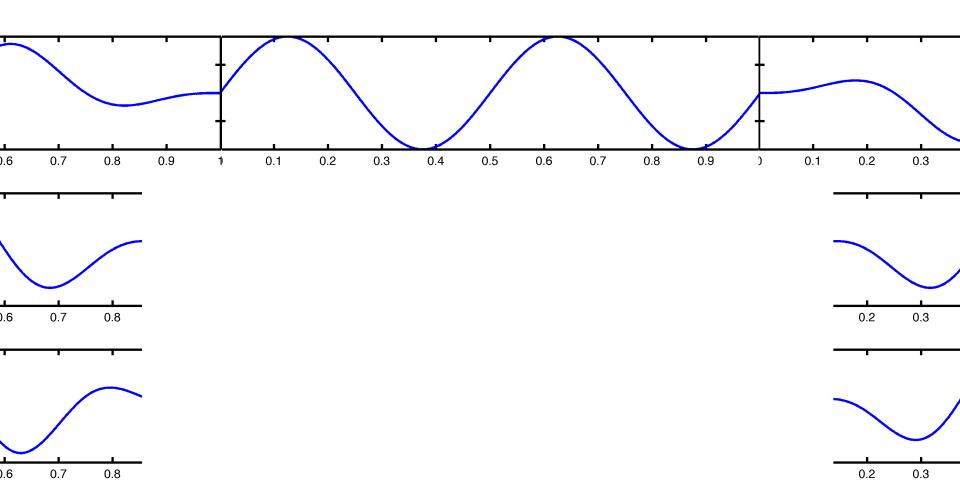
## Spectral leakage



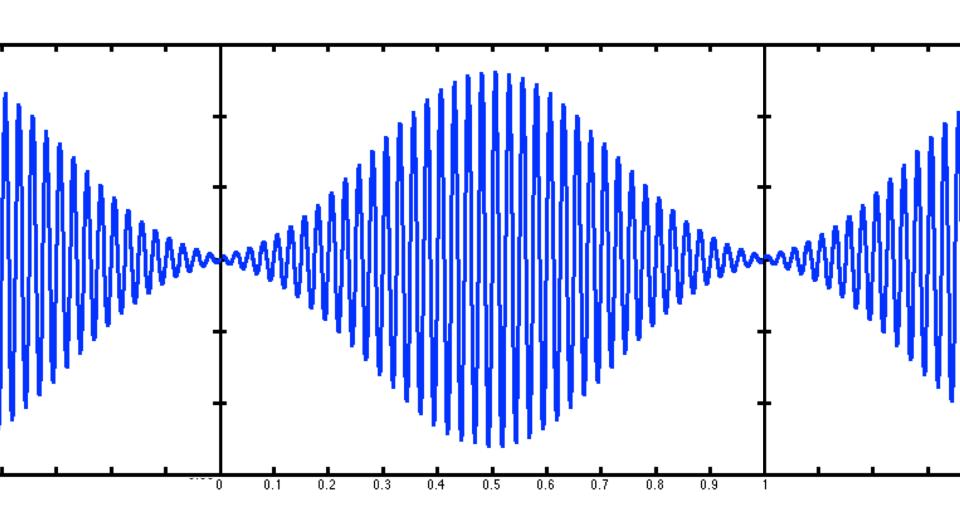
## Tapering in spectral analysis



## Tapering in spectral analysis

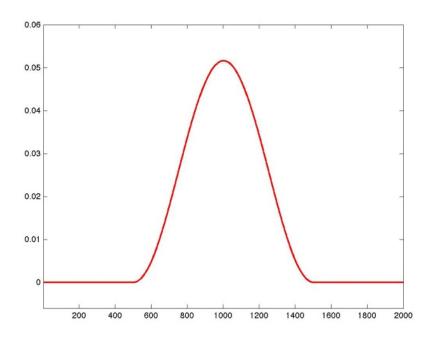


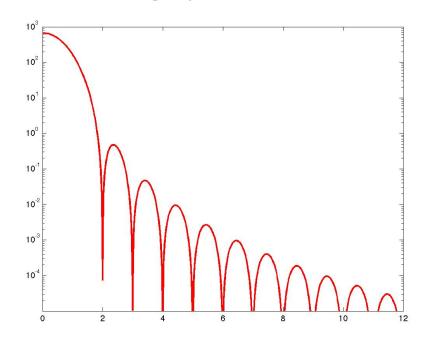
## Tapering in spectral analysis



## Spectral leakage and tapering

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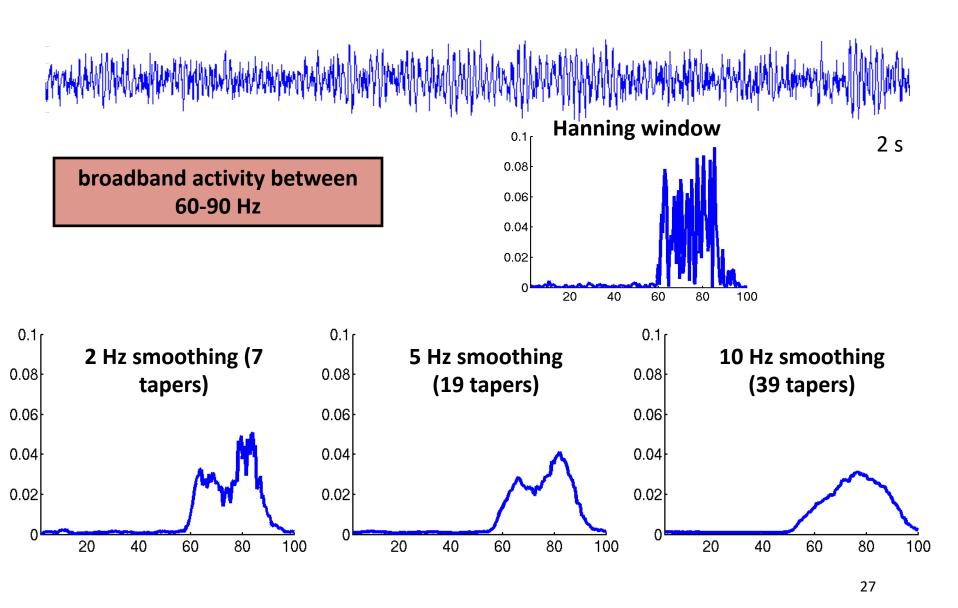
#### Multitapers

Make use of more than one taper and combine their properties

Used for smoothing in the frequency domain

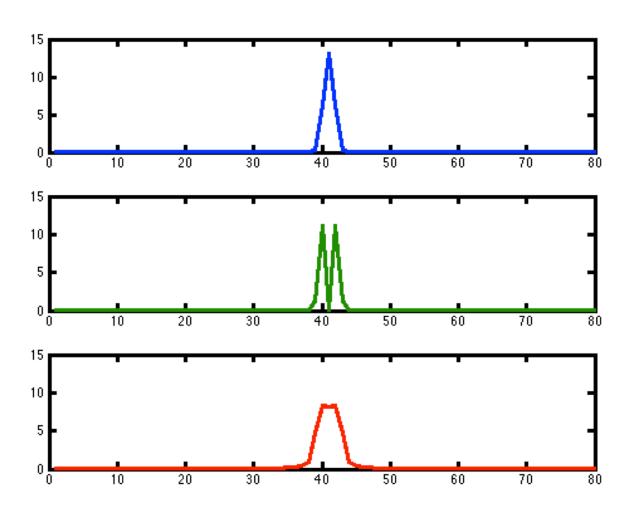
Instead of "smoothing" one can also say "controlled leakage"

## Multitapered spectral analysis



Mitra & Pesaran, 1999, Biophys J

## Multitapered spectral analysis



#### Multitapers

Multitapers are useful for reliable estimation of high frequency components

Low frequency components are better estimated using a single (Hanning) taper

```
%estimate low frequencies
                                 cfg = [];
cfg = [];
cfg.method = 'mtmfft';
cfg.foilim = [1 30];
cfg.taper = 'hanning';
freq=ft freqanalysis(cfg, data); freq=ft freqanalysis(cfg, data);
```

```
%estimate high frequencies
cfg.method = 'mtmfft';
cfg.foilim = [30 120];
cfg.taper = 'dpss';
cfg.tapsmofrq = 8;
```

#### Interim summary

## Spectral analysis

Decompose signal into its constituent oscillatory components

Focused on 'stationary' power

#### **Tapers**

Boxcar, Hanning, Gaussian

#### Multitapers

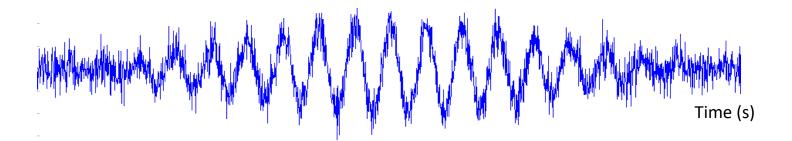
Control spectral leakage/smoothing

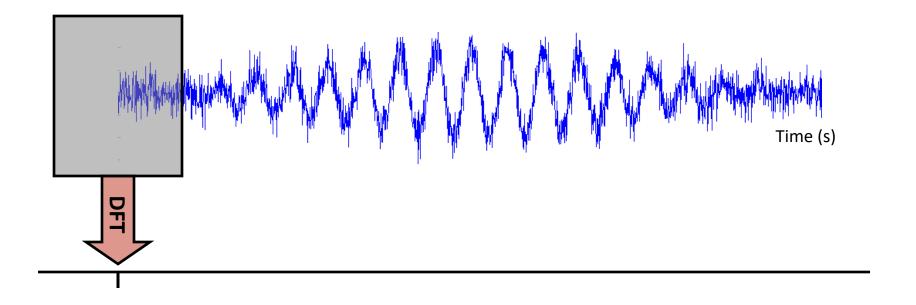
Typically, brain signals are not 'stationary'

- Divide the measured signal in shorter time segments and apply Fourier analysis to each signal segment
- Everything we saw so far with respect to frequency resolution applies here as well

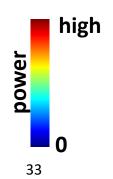
```
cfg = [];
cfg.method = 'mtmconvol';

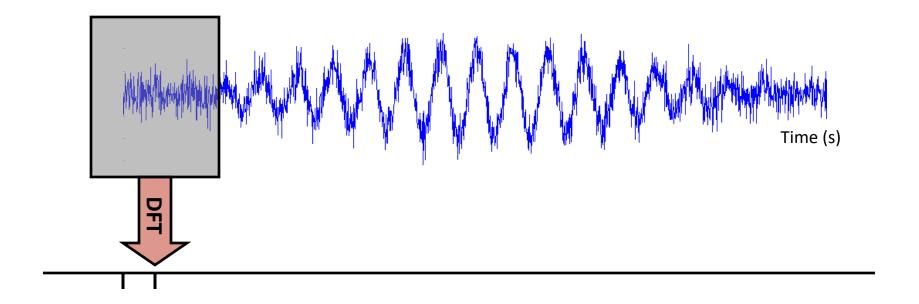
.
freq = ft_freqanalysis(cfg, data);
```



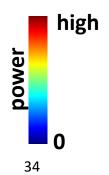


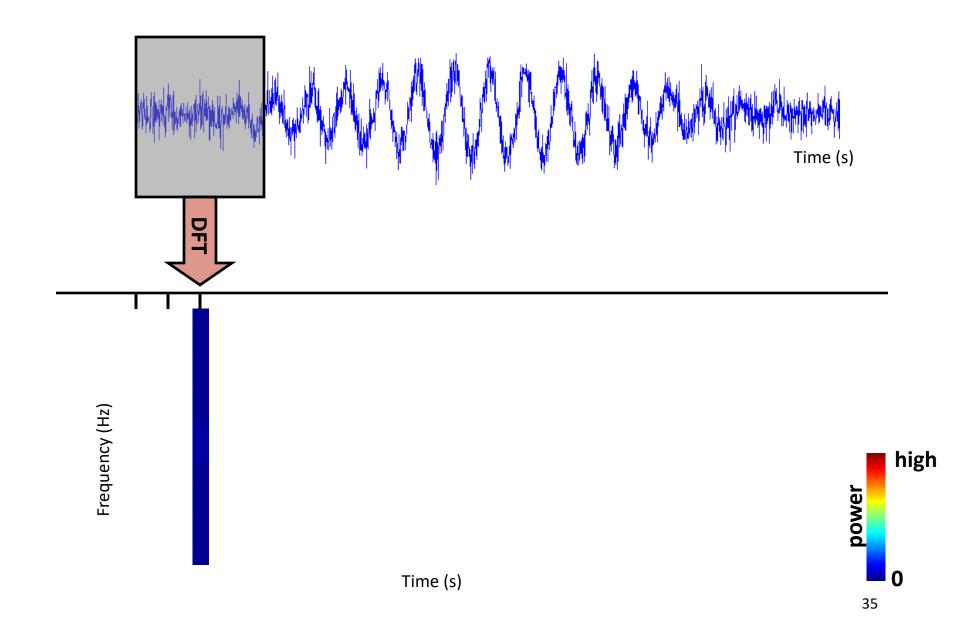
Frequency (Hz)

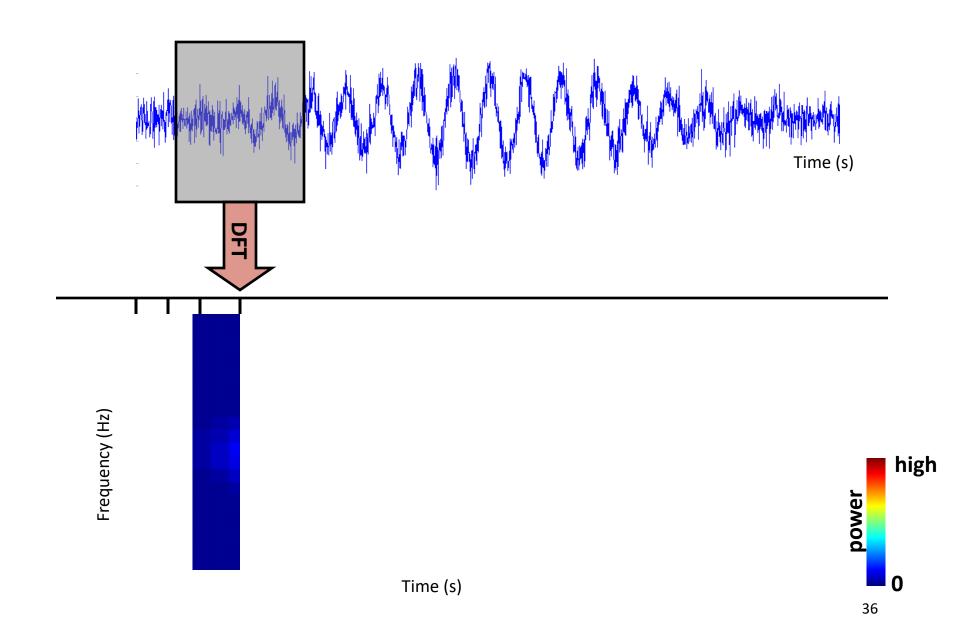


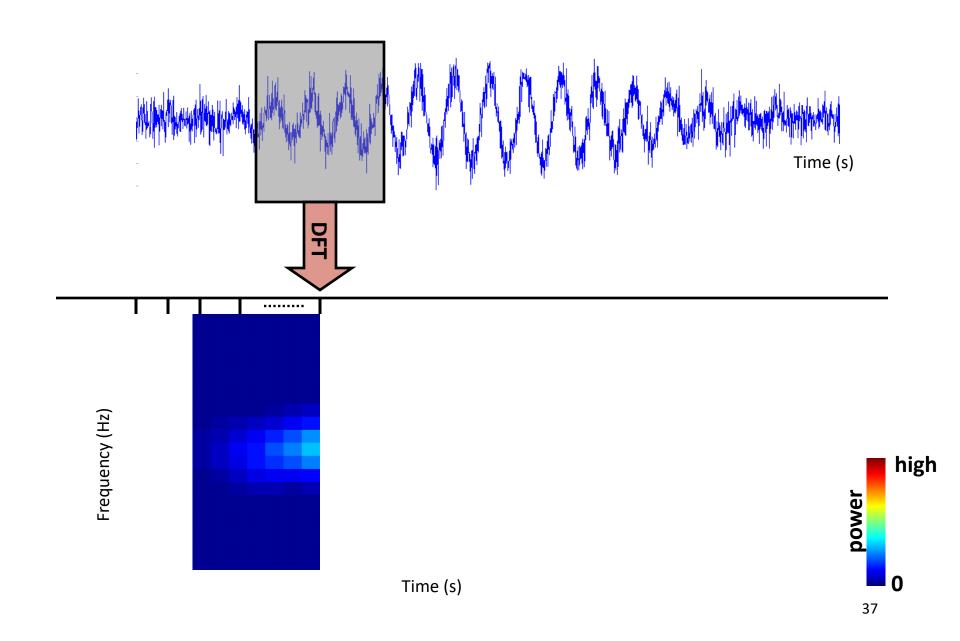


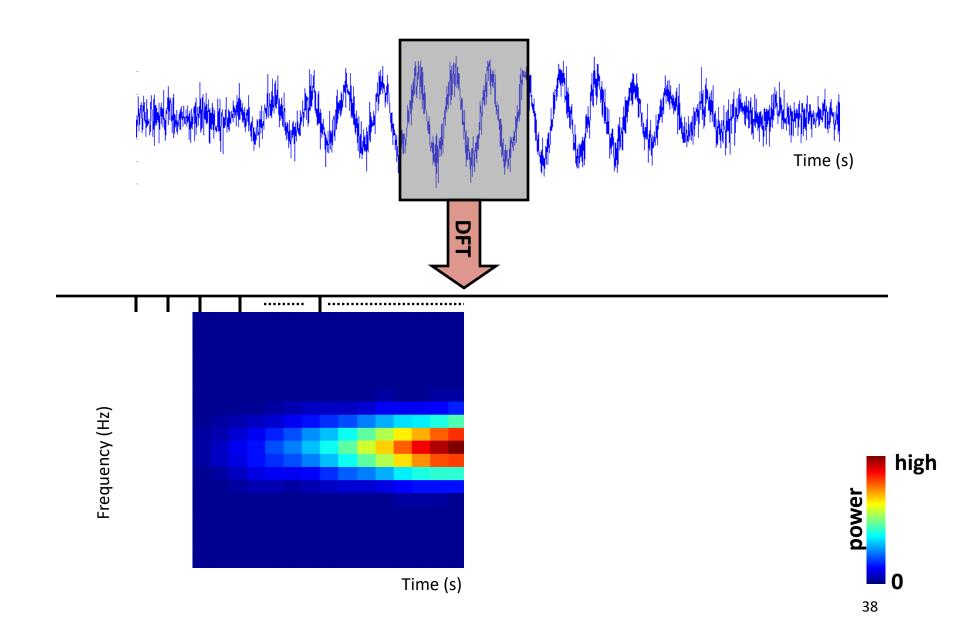
Frequency (Hz)

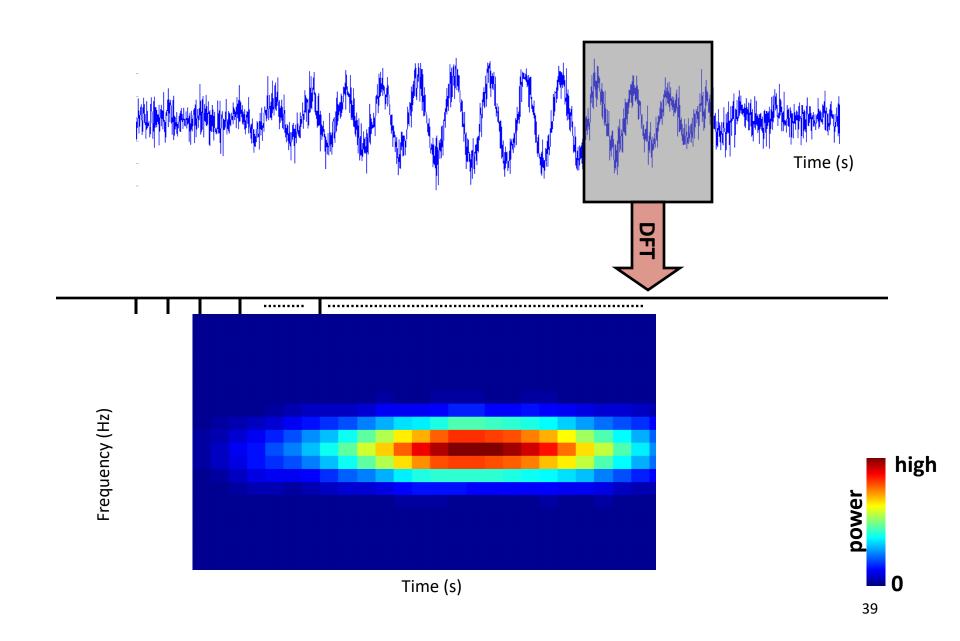


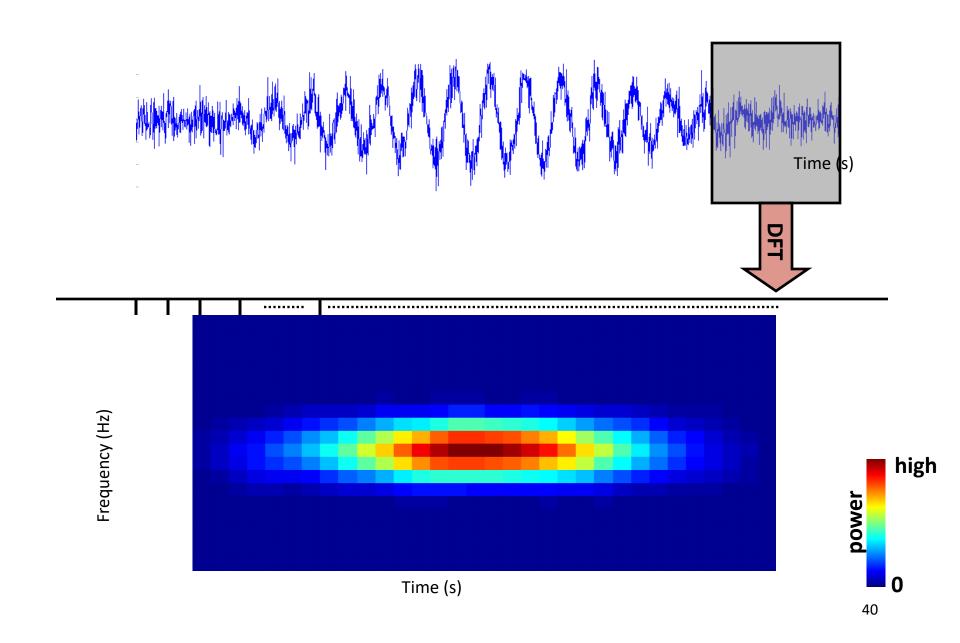


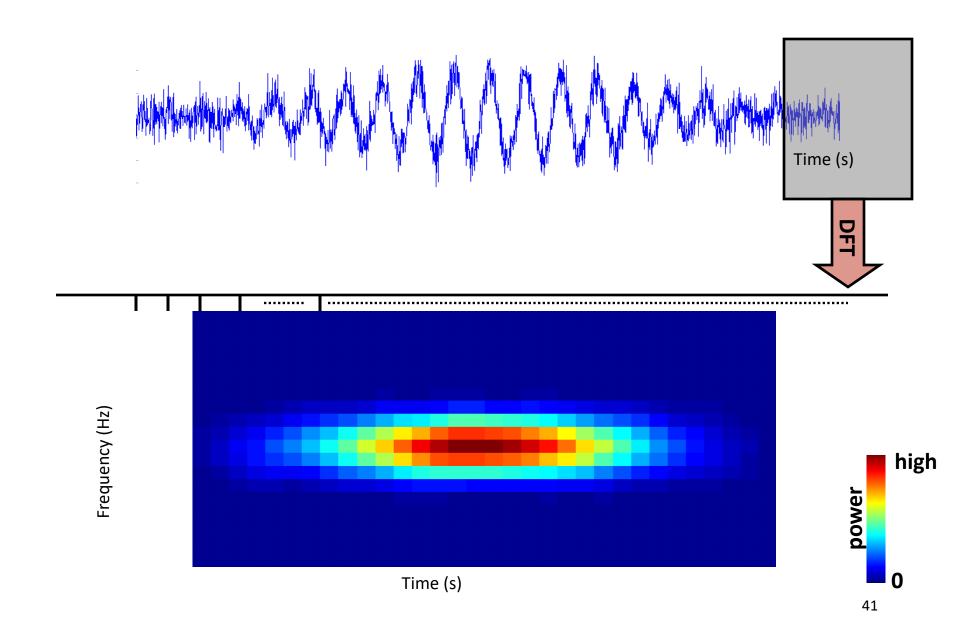




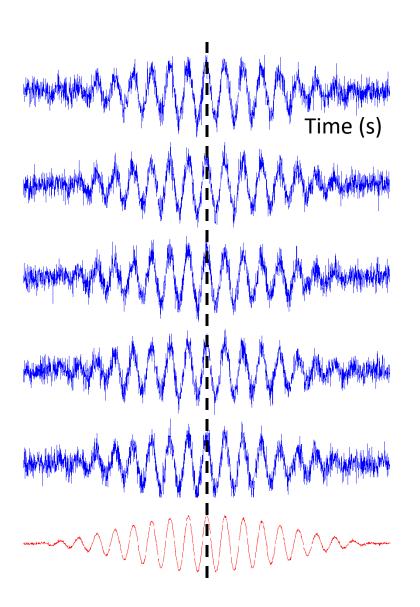


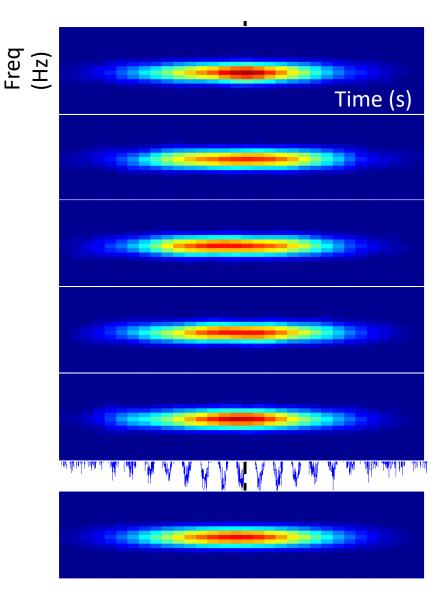


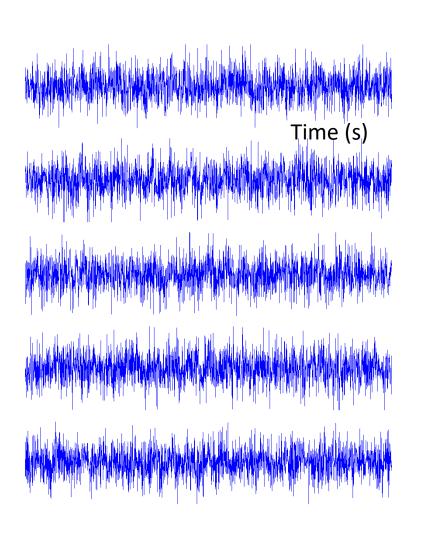


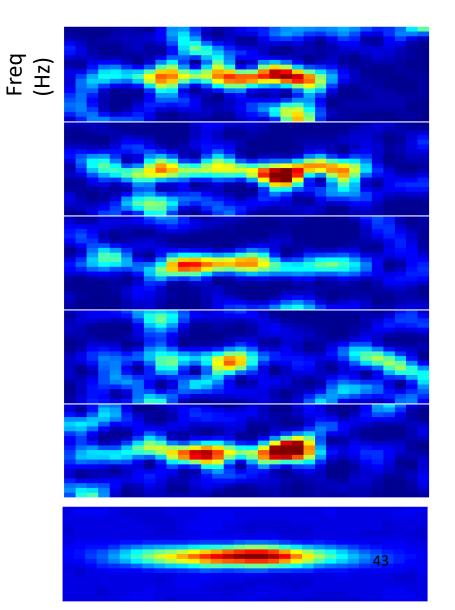


#### Evoked versus induced activity

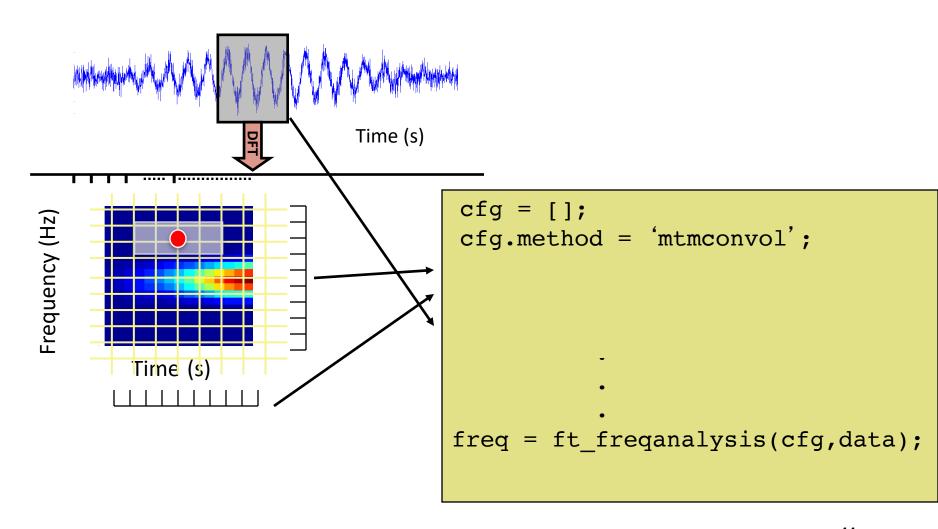








## The time-frequency plane



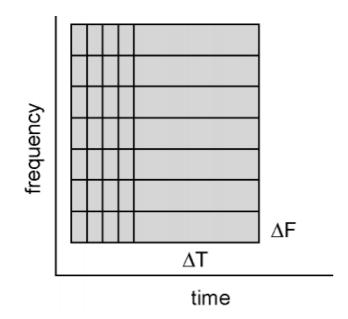
## The time-frequency plane

The division is 'up to you'

Depends on the phenomenon

you want to investigate:

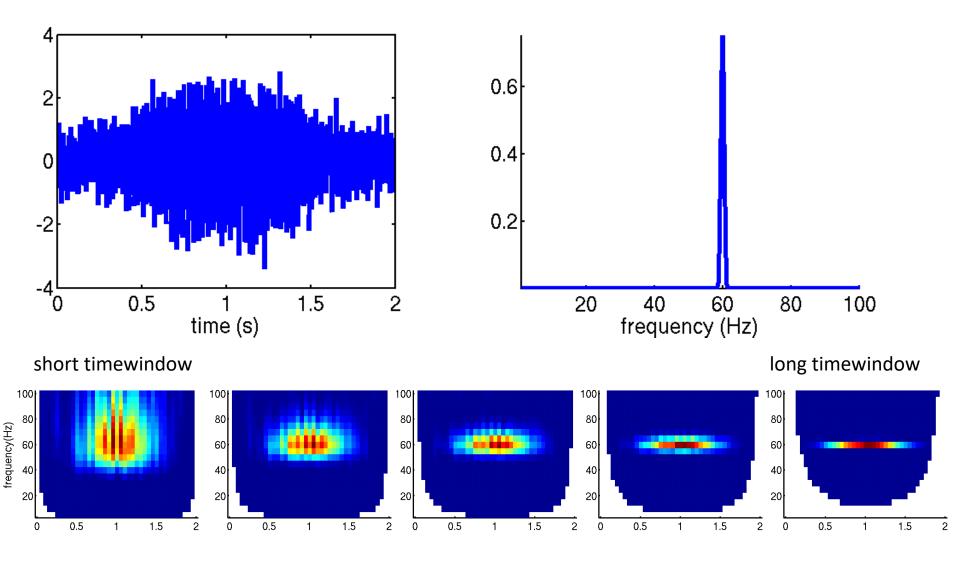
- Which frequency band?
- Which time scale?



```
cfg = [];
cfg.method = 'mtmconvol';
cfg.foi = [2 4 ... 40];
cfg.toi = [0:0.050:1.0];
cfg.t_ftimwin = [0.5 0.5 ... 0.5];
cfg.tapsmofrq = [ 4 4 ... 4 ];

freq = ft_freqanalysis(cfg,data);
```

#### Time versus frequency resolution



### Interim summary

Time frequency analysis

Fourier analysis on shorter sliding time window

**Evoked & Induced activity** 

Time frequency resolution trade off

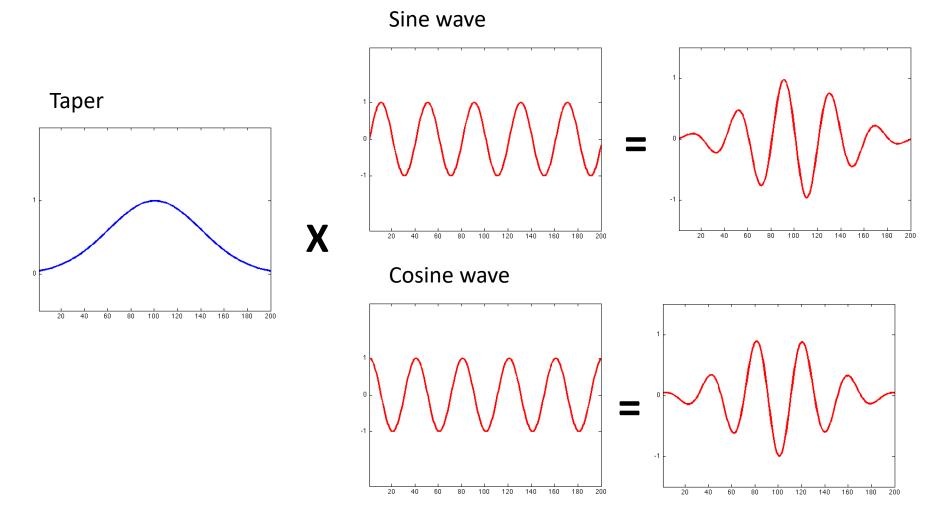
Popular method to calculate time-frequency representations

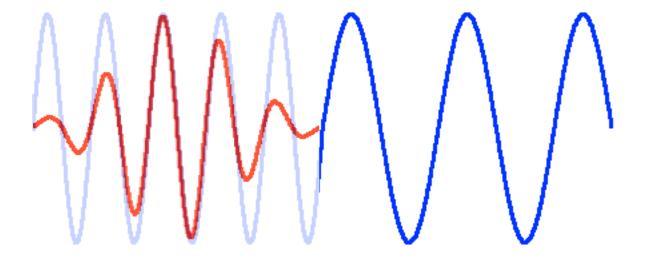
Is based on convolution of signal with a family of 'wavelets' which capture different frequency components in the signal

Convolution ~ local correlation

```
cfg.method = 'wavelet';
freq=ft_freqanalysis(cfg, data);
```

### Wavelets



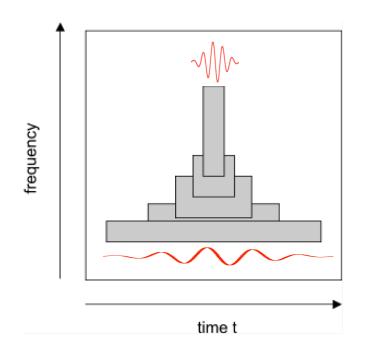


Wavelet width determines the time-frequency resolution

Width is a function of frequency (often 5 cycles)

'Long' wavelet at low frequencies leads to relatively narrow frequency resolution but poor temporal resolution

'Short' wavelet at high frequencies leads to broad frequency resolution but more accurate temporal resolution



#### Similar to Fourier analysis, but

Can be computationally slower

Tiles the time frequency plane in a particular way with fewer degrees of freedom

```
%time frequency analysis with
%multitapers
cfg = [];
cfg.method = 'mtmconvol';
cfg.toi = [0:0.05:1];
cfg.foi = [4 8 ... 80]; cfg.foi = [4 8 ... 80];
cfg.t_ftimwin = [0.5 \ 0.5 \ ... \ 0.5]; cfg.width = 5;
cfg.tapsmofrq = \begin{bmatrix} 2 & 2 & \dots & 10 \end{bmatrix};
```

```
%time frequency analysis with
                                 %wavelets
                                cfg = [];
                                cfg.method = 'wavelet';
                                cfg.toi = [0:0.05:1];
freq=ft_freqanalysis(cfg, data); freq=ft_freqanalysis(cfg, data);
```

### Summary

Spectral analysis

Relation between time and frequency domains

**Tapers** 

Time frequency analysis

Time vs frequency resolution

Wavelets

#### Tomorrow morning: hands-on

Time-frequency analysis

Different methods

Parameter tweaking

Power versus baseline

Visualization